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PLC Focus of the Week: Ownership

Last week we reflected on the W in GROW - How to understand Winning in the right way. Developing student-athletes in body and spirit depends upon setting champion centered, motivational goals (G=Goals), building positive and respectful relationships (R=Relationships), and developing autonomy or ownership. This O=Ownership is the focus for this week.



“While playing sports, Christians find help in developing the cardinal virtues – fortitude, temperance, prudence and justice.”

Pope John Paul II

Play Like a Champion Today ® coaches should:

- ***Develop ownership in their players.***
- *Involve athletes in decision-making during practices and games. Allow them to decide some of the drills or give them the option to call plays or adjust systems during games.*
- *Hold your athletes responsible for their actions and decisions, but make sure you stay positive and encouraging even when disciplining.*
- *Hold regular team meetings to discuss the team's development as well as character-based issues (a team meeting will be the focus of next week's coach note).*
- *In giving ownership to your athletes, you are helping them to develop the cardinal virtue of prudence, wise-decision making for the good.*

Ownership allows players to take charge of their own skill development and creates future team leaders. Players with ownership can respond quickly and creatively to game situations. The best way to develop ownership in players is to remain child-centered and put your athlete's fun and growth as your main coaching goal.

Let's all remember to Play Like a Champion Today®!