



Champion Coach Note: Why We Coach

I don't have to tell you that to be a coach is to be a servant. Few people, besides maybe your spouse or children, see what you do. Your commitment goes far beyond the 4 hours a week of practice and games. You order the Jerseys. You go to coach's meetings. You attend Play Like a Champion Today clinics. You organize parents. You give rides home. You're at every practice early. You give up valuable time at work and with your family so that children can have a positive sports experience. And for this service, we salute you.

Over the course of the year, we at Play Like a Champion have been sending along tips, reminders, and advice on how to optimize your coaching through your dealings with athletes. In this final note of the school year, we want to thank you for all that you have do, and encourage you to do something for yourself. Service is, by nature, an outward directed practice, but as another year ends, we suggest that you take some time to reflect inwardly on your growth as a coach. As champion coaches, our focus is to foster growth in others, but we know that, even as adults, we are still growing.

So, as you wrap things up, take some time to reflect on why you do what you do, and ask yourself if you lived out that vocation this year, and how this season will affect your coaching, family, career, and life in the future. Ask yourself:

- Did I have fun?
- Did I make my players better athletes?
- Did my players have fun?



"I think of a hero as someone who understands the degree of responsibility that comes with his freedom."

~ Bob Dylan

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- Did my players grow?
- Do I want to keep doing this?
- Did I handle times of trial with poise and grace?
- What gifts did I recognize in myself this year?
- What do I want to accomplish in the future?

And most of all, relax! Have fun! Enjoy the summer, and we look forward to sending you more notes when school begins in the fall!!